

VARSITY SPORTS CAMPS

HCER proudly presents to all Hudson athletes a series of high quality summer sports camps. Under the direction of each varsity coach, each athlete will have the opportunity to work with all grade level coaches to learn the system of each sport while having fun developing and practicing individual team skills. Most camps will feature: individual skill building, Hudson t-shirt, hat, or ball, guest/motivational speakers, camp photo and more.

Cost: \$85 per camper, or \$90 after registration deadline. (Unless otherwise noted - full day camps are more.)

Note: No refunds after two weeks prior to start date. Camp fees help support Hudson Athletic programs.

Information: Individual camp flyers available in the HCER office.

How to Register: Meet the new coaches at the Spring/Summer registration fair on March 29 at Hudson High School from 10:00 a.m. - 12:00 Noon. New Varsity coaches will be available to answer your questions plus hand out their camp flyers. Registration will continue in the HCER office on Wednesday, April 2. There is limited enrollment in summer camps, so register early. *Note: Parents of all athletes must complete emergency medical authorization form found on page 23 of this Summer Insert.*

HHS Baseball Full Day Camp - June 23 - 27

Coach Jim Nold, Varsity Assistant Coach, baseball coaching staff and varsity team members

Join the Hudson High School Baseball coaching staff, current and former players for a week of fundamentals and fun involving "America's favorite pastime"... Baseball. Campers will have an opportunity to enhance their skills in all areas of the game with a special emphasis on throwing, catching, hitting, bunting, and fielding. Campers will participate in fast pitch, longest hit, 1st around the bases and many more daily games and competition. Hone your skills just in time for the summer baseball season! This is a full day camp! Entering grades 3 - 8. No refunds after June 9.

Fee: \$125 per camper, \$135 after June 9 (NOTE: Full Day Camp!)

#2070 June 23 - 27 9:00 a.m. - 3:00 p.m. The Ballpark at Hudson (HHS)

HHS Football Full Day Camp - July 14 - 18

Director: Coach Tom Narducci, Varsity Coach

This camp is designed to provide instruction on the skills campers will utilize while playing for the Hudson Hawks, Hudson Middle School and the Hudson 9th grade teams. Players are grouped according to age and instruction based on the level of ability. Features include weight lifting seminars, individual and team competitions concluding with Friday's "Bowl Games." College and pro highlight films will be shown, and daily motivational talks will be given on such topics as proper weight lifting, academics, drug and alcohol use, sportsmanship and more. First day, meet in main gym.

Entering grades 3-9. No refunds after July 3.

Fee: \$135 per camper, \$150 after July 3 (NOTE: Full Day Camp!)

#2355 July 14-17 8:30 a.m. - 3:30 p.m. July 18 8:30 a.m. - 1:00 p.m.

LACROSSE June 16-19

#2600 Boys entering grades 2-9
9:00 a.m. - 12:00 p.m. (Mon.-Wed.)
9:00 a.m. - 11:30 a.m. (Thursday)
\$85 per camper, \$90 after June 2
No refunds after June 2.
East Woods

BOYS EXPLORER LACROSSE CAMP The purpose of this camp is to introduce and develop the game of lacrosse to the youth of Hudson. Players will be grouped in three divisions according to age and skill level. The primary focus of the camp is skill development with small field games concluding each session. Repetition, proper technique, and fundamental instruction are hallmarks of a successful camp experience. Features of the camp include "Fastest Shot" competition, face off competition, Camper of the Day, camp t-shirt and more. *Check-in takes place at the varsity field house behind Evamere on Mon. June 16. Camp sessions will begin and conclude nightly at East Woods fields.* **Staff: David Blue, Head Varsity Coach; Shawn Lengel, Assistant Coach; Todd Sidle, Assistant Coach; Matt Bartley, Assistant Coach; Nick Hyclak, Assistant Coach; Chris Graham, Middle School Coach, and Hudson players and alumni.**

GIRLS LACROSSE

June 16 - 20

#2628 Girls entering grades 4-8
9:00 a.m. - 12:00 p.m.
\$85 per camper, \$90 after June 2
No refunds after June 2.
Playing fields behind Lavelli Stadium

GIRLS LACROSSE CAMP This will be the fourth summer for the Hudson Girls' Lacrosse Camp. The week will focus on basic stick skills, rules and knowledge of the game, and some defensive positioning. Current and former players will be on hand to help teach different techniques and skills. Come and join the fun!

Coach Joya Mitchell, Head Varsity Coach

WRESTLING June 16-20

#2605 Boys entering grades 7-12
9:45 a.m. - 12:15 p.m.
\$85 per camper, \$90 after June 2
#2606 Boys entering grades 2-6
8:00 a.m. - 9:30 a.m.
\$55 per camper, \$60 after June 2
HHS Wrestling Room

WRESTLING CAMP This camp is designed for the more experienced wrestler who wants the all-inclusive technique, experience, motivational talks, and successful conditioning tactics. This camp leaves no doubt as to what it takes to be successful in high-school wrestling. This camp also has motivational videos and daily prizes. Area high school and college coaches will serve as instructors. New this year, youth wrestling camp for grades 2-6! This camp is for the beginning wrestler who is looking to gain experience in the sport. Basic fundamentals will be taught through safe competition, games and drills. High school and college wrestlers will help serve as instructors. No refunds after June 2.

Coach Joe Caniglia, Varsity Coach

BOYS BASKETBALL CAMP

High Performance Camp

#2625 **June 23 - 27**
8:30 - 11:30 a.m. Entering grades 6-9
\$85 per camper, \$90 after June 9
No refunds after June 9.

Skillbuilder Camps

#2626 **June 16 - 20**
8:30 - 10:30 a.m. Entering grades 1-4
#2627 **June 16 - 20**
12:30 - 3:30 p.m. Entering grades 5-8
\$85 per camper, \$90 after June 2
No refunds after June 2.

HHS Gyms

BOYS' BASKETBALL HIGH PERFORMANCE CAMP (Session 1) is designed for the experienced player who is looking for a competitive camp experience. Enrollment will be limited to 24 players per group. Emphasis will be given to more sophisticated skill development and competitive situations. These situations will include one-on-one to five-on-five contests, shooting, ball handling, and team activities. In addition to a special Hudson T-shirt, each camper will compete for awards in 10 categories. Members of the Hudson basketball staff and current and former players will work with each player. Coach Jeff Brink, Varsity Coach

SKILLBUILDER CAMP (Sessions 2 & 3) continues the tradition of quality basketball instruction. This camp will emphasize development and refinement of fundamental basketball skills in a positive, fun environment. Team play will give each camper the opportunity to practice individual skills in a five-on-five setting. Instruction will be based on each camper's ability level. In addition to receiving a Hudson basketball T-shirt, campers will be recognized daily for leadership, hustle and team play. Members of the Hudson basketball staff and current and former players will work with each player.

SOCCER - Two Sessions!

Boys and Girls entering grades 1-8
#2615 **June 23 - 27**
9:00 - 11:30 a.m.
\$85 per camper, \$90 after June 9
No refunds after June 9.
#2616 **July 28 - Aug 1**
9:00 - 11:30 a.m.
\$85 per camper, \$90 after July 14
No refunds after July 14.
HHS Fields, South Parking Lot

HUDSON EXPLORER SCHOLASTIC SOCCER CAMP The original Hudson Sports Camp!!! Staffed by coaches, players and playing alumni of the championship Hudson High School Explorers Scholastic Soccer teams, this camp is built upon the elements of fun, technique, tactics and total player and person development. A low player-to-coach ratio of 7:1 allows for small-group technical and skill development to be done appropriate to the age and skill level of the player. It also provides an opportunity for young players to interact with very positive young adult role models. Additional staff includes Ohio college coaches and players and guest coaches from other elite programs. The camp is directed by 2002 Ohio and National Championship Hudson boys Coach Mike Payne. In addition, daily prize "raffles" and customized Hudson soccer gear will be available. The goal of the camp is to maximize the time spent with the ball, emphasize the fun of learning soccer, and to help young players learn tools to develop into better people in their community. **Coach: Mike Payne, HHS Boys Varsity Soccer Coach**

GIRLS BASKETBALL

July 7 - 10

2701 Girls entering grades 3-9
8:30 a.m. - 12:00 Noon
\$85 per camper, \$90 after June 23.
No refunds after June 23.
HHS Gyms

GIRLS BASKETBALL This camp will develop individual and team skills that campers will use while playing for Hudson Kiwanis, Hudson Middle School, and Hudson High School teams. There will be daily competitions and games. Meet the varsity players. See you there!
Coach Dennis Lawler, Varsity Girls Coach

GOLF July 7 - 11

#2645 Entering grades 4-9
8:00 a.m. - 10:30 a.m.
\$85 per camper, \$90 after June 23
No refunds after June 23.
Ellsworth Meadows Golf Course

GOLF CAMP The purpose of the camp is to teach kids that golf equals fun! Experience is not necessary. The camp will begin with basics and allow each camper to advance at his or her own pace. It includes the teaching of golf etiquette and course management skills. There will be competitions and a nine-hole event on the last day. All days at Ellsworth Meadows Golf Course.

Coach Jeff Camp, Jr., Varsity Coach

VOLLEYBALL CAMP

July 21 - 25

#2640 Girls entering grades 4-8
9:00 a.m. - 12:00 Noon
#2641 Girls entering grades 9-12
1:00 p.m. - 4:00 p.m.
\$85 per camper, \$90 after July 7
No refunds after July 7.
HHS Gym

VOLLEYBALL CAMP is an instructional skills camp for girls interested in volleyball. This camp will help each athlete develop sound fundamental concepts in all aspects of the game and improve skills in all areas of volleyball including passing, setting, spiking, blocking, serving, and receiving. All athletes will receive individual instruction and play against equal competition. A great way to prepare for the middle school and high school season!

FIELD HOCKEY

July 28 - Aug 1

#2620 Girls entering grades 3-8
9:00 a.m. - 11:30 a.m.
\$85 per camper, \$90 after July 14
No refunds after July 14.
Laflin Field - Middle School

FIELD HOCKEY CAMP The primary focus of the camp is to develop individual and team skills. The camp will help each athlete develop sound fundamental concepts in all aspects of the game, improving field awareness, stick work, passing, shooting, and defensive skills. Camp instruction will be provided by elite college players and former Hudson field hockey players. The camp will offer a low player-to-coach ratio allowing individual instruction throughout the camp. Other exciting features about the camp: fun games, team tournament play, and rainy day activities! This is a great way to prepare for middle school and high school seasons. Come, join the tradition! Max. 75. **Coach KC Smith, Varsity Coach**